



PATIENT HIPAA CONSENT FORM

I understand that I have certain rights to privacy regarding my protected health information. These rights are given to me under the Health Insurance Portability and Accountability Act of 1996 (HIPAA). I understand that by signing this consent I authorize you to use and disclose my protected health information to carry out:

- Treatment (including direct or indirect treatment by other healthcare providers involved in my treatment);
- Obtaining payment from third party payers (e.g. my insurance company);
- The day-to-day healthcare operations of your practice.

I have also been informed of and given the right to review and secure a copy of your Notice of Privacy Practices, which contains a more complete description of the uses and disclosures of my protected health information and my rights under HIPAA. I understand that you reserve the right to change the terms of this notice from time to time and that I may contact you at any time to obtain the most current copy of this notice.

I understand that I have the right to request restrictions on how my protected health information is used and disclosed to carry out treatment, payment and health care operations, but that you are not required to agree to these requested restrictions. However, if you do agree, you are then bound to comply with this restriction.

I understand that I may revoke this consent, in writing, at any time. However, any use or disclosure that occurred prior to the date I revoke this consent is not affected.

Name (Print) _____

Signature _____ Date _____



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Medical History

Today's Date: _____

Name: _____ Birthdate: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (H) _____ (W) _____ (C) _____

Email: _____

Gender: Female Male Height: _____ Weight: _____

SSN: _____

How often and how much?

Do you use tobacco? Yes No _____

Do you use alcohol? Yes No _____

Do you use caffeine? Yes No _____

Doctor's Name:

Clinic Name:

Allergies: (Please check all that apply)

- Penicillin Morphine Dye allergies Pet allergies
 Codeine Aspirin Nitrate allergy Seasonal (pollen)
 Sulfa drugs Food allergies Lactose No known allergies
 Other (please list): _____

Please describe the allergic reaction you experienced and when it occurred?

Over-the-counter (OTC) issues:

Please check all products that you use regularly. (Please check all that apply)

- | | | |
|---|---|---|
| <input type="checkbox"/> Pain reliever | <input type="checkbox"/> Aspirin | <input type="checkbox"/> Acetaminophen |
| <input type="checkbox"/> Ibuprofen | <input type="checkbox"/> Naproxen | <input type="checkbox"/> Ketoprofen |
| <input type="checkbox"/> Cough Suppressant | <input type="checkbox"/> Antihistamine | <input type="checkbox"/> Decongestant |
| <input type="checkbox"/> Sleep Aids | <input type="checkbox"/> Antidiarrheals | <input type="checkbox"/> Laxative/Stool softner |
| <input type="checkbox"/> Diet aids/weight loss | <input type="checkbox"/> Antacids | <input type="checkbox"/> Acid blockers |
| <input type="checkbox"/> Other (please list): _____ | | |

Nutritional/Natural Supplements: Please list the products you are taking and if possible give a photocopy of the ingredients on the label.

Medical Conditions/Diseases: (Please check all that apply)

- | | | |
|--|--|---|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> High cholesterol | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Lung conditions | <input type="checkbox"/> Blood clotting problems | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Arthritis or joint problems | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Headaches/migraines | <input type="checkbox"/> Eye disease (glaucoma etc) | <input type="checkbox"/> Other: (Please list) |

Current Prescription Medications:

Medication Name	Strength	Date Started	How often per day
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List Hormones previously taken Date Started Date Stopped Reason

Have you ever used oral contraceptives? No Yes

Any Problems? No Yes

If Yes, describe any problem(s): _____

How many pregnancies have you had? _____ **How many children?** _____

Any interrupted pregnancies? No Yes

Have you had a hysterectomy? No Yes Date of surgery _____

Ovaries removed? No Yes

Have you had a tubal ligation? No Yes Date of surgery _____

Do you have a family history of any of the following?

Uterine Cancer _____ Family member(s) _____

Ovarian Cancer _____ Family member(s) _____

Fibrocystic Breast _____ Family member(s) _____

Breast Cancer _____ Family member(s) _____

Heart Disease _____ Family member(s) _____

Osteoporosis _____ Family member(s) _____

Have you had any of the following tests performed? Check those that apply and note date of last test.

Mammography No Yes Date: _____

PAP Smear No Yes Date: _____

Thyroid Tests

TSH Level: _____ Date: _____

T4 Level: _____ Date: _____

T3 Level: _____ Date: _____

Since you first began having periods, have you ever had what you would consider to be abnormal cycles? No Yes Date: _____

If Yes, Please explain (such as age when occurred, symptoms...)

When was your last period? _____

How many days did it last? _____

Do you have or did you ever have Premenstrual Syndrome (PMS)? No Yes

If Yes, explain symptoms: _____

How did you arrive at the decision to consider Bio-Identical Hormone Replacement Therapy?

Doctor Self Friend/Family Member Other

What are your goals with taking BHRT?

Please write down any questions you have about BHRT:

SOCIAL HISTORY

What is your current occupation or your occupation prior to retirement?

Describe your work or volunteer environment?

How many hours a week do you work or volunteer? _____

Are you satisfied with your work or volunteer situation? _____

Do your symptoms differ at work and at home? _____

Do you have trouble getting out of bed in the morning or feel fatigued during the day?

Who lives in your household? _____

Describe your living environment? _____

How many hours of sleep do you get a night? _____

How would you describe the quality of sleep you get? _____

How often do you eat out? _____

How would you describe your diet? _____

Do you have an exercise routine? _____

What does it consist of? _____

RATING OF SYMPTOMS

Please circle the number best describing your symptoms. 1 being Extremely Mild and 10 being Extremely Severe.

Hot Flashes	1	2	3	4	5	6	7	8	9	10
Sleep Disturbances	1	2	3	4	5	6	7	8	9	10
Dry Skin	1	2	3	4	5	6	7	8	9	10
Foggy Thinking	1	2	3	4	5	6	7	8	9	10
Heart Palpitations	1	2	3	4	5	6	7	8	9	10
Painful Intercourse	1	2	3	4	5	6	7	8	9	10
Low Libido	1	2	3	4	5	6	7	8	9	10
Night Sweats	1	2	3	4	5	6	7	8	9	10
Vaginal Dryness/atrophy	1	2	3	4	5	6	7	8	9	10
Headaches	1	2	3	4	5	6	7	8	9	10
Memory Lapses	1	2	3	4	5	6	7	8	9	10
Yeast infections	1	2	3	4	5	6	7	8	9	10
Depression	1	2	3	4	5	6	7	8	9	10
Bone Loss	1	2	3	4	5	6	7	8	9	10
Water Retention	1	2	3	4	5	6	7	8	9	10
Breast Swelling and Tenderness	1	2	3	4	5	6	7	8	9	10
Craving for Sweets	1	2	3	4	5	6	7	8	9	10
Fibrocystic Breasts	1	2	3	4	5	6	7	8	9	10
Uterine Fibroids	1	2	3	4	5	6	7	8	9	10
Nervousness/Anxiety/Irritability	1	2	3	4	5	6	7	8	9	10
Heavy, irregular menses	1	2	3	4	5	6	7	8	9	10
Fatigue	1	2	3	4	5	6	7	8	9	10
Weight Gain	1	2	3	4	5	6	7	8	9	10
Mood Swings	1	2	3	4	5	6	7	8	9	10
Swollen Breasts	1	2	3	4	5	6	7	8	9	10
Cramping	1	2	3	4	5	6	7	8	9	10
Infertility	1	2	3	4	5	6	7	8	9	10
Acne	1	2	3	4	5	6	7	8	9	10
PMS	1	2	3	4	5	6	7	8	9	10
Joint Pain	1	2	3	4	5	6	7	8	9	10
Somnolence	1	2	3	4	5	6	7	8	9	10
Incontinence	1	2	3	4	5	6	7	8	9	10
Gastrointestinal Bloating	1	2	3	4	5	6	7	8	9	10
Muscle Weakness	1	2	3	4	5	6	7	8	9	10
General Aches/Pains	1	2	3	4	5	6	7	8	9	10
Fibromyalgia	1	2	3	4	5	6	7	8	9	10
Blunted Motivation	1	2	3	4	5	6	7	8	9	10
Diminished Feeling of Well Being	1	2	3	4	5	6	7	8	9	10
Loss of Scalp Hair	1	2	3	4	5	6	7	8	9	10
Insomnia	1	2	3	4	5	6	7	8	9	10